

Useful Half-Term Links

May 25th 2020

BBC BITESIZE

<https://www.bbc.co.uk/cbeebies/joinin/dualwa-alternative-half-term-activities>

Five alternative half term activities

Love

13

If your children complain about being bored in the school holidays, or you're looking for some inspiration to get them off the sofa, then look no further! We've listed some simple ideas that are not only fun and engaging, but will also teach little ones important life skills.



Shows



Games



Puzzles & Quizzes



Watch & Sing



Join In



Make & Colour



Radio



Topics

A SPORTY HALF TERM

Team Mental Health and EdStart Sports Coaching have partnered to produce a range of fun 'Wellbeing Through Sport' activities to do at home.



<https://teammentalhealth.co.uk/wp-content/uploads/2020/03/The-complete-6-week-Wellbeing-Through-Sport-Activity-Programme.pdf>

Daily items to include in your routine

- 9am- live PE with Joe Wicks- YouTube (The body coach)
- Daily reading or listening to books- free stories at audible.com
- Thrive (well-being) activities
- Daily Welsh- try duolingo app or welsh clips on BBC Bitesize