

Allensbank Primary School



Sex and Relationships Policy

Mission Statement

Allensbank Primary School is a happy and welcoming school that is committed to providing a friendly, safe and nurturing learning environment for all.

The school fosters respect, celebrates diversity and actively promotes high standards for all.

Vision Statement

At Allensbank Primary School everyone works together to ensure that

- We lay the foundation for a love of learning through being committed to high quality provision which enables the development of skills for the future.
- We have high expectations of ourselves and achieve our full potential through a supportive, nurturing ethos.
- We have a safe, secure environment to learn in and we take pride in the appearance of both the indoor and outdoor learning environment.
- Pupils take responsibility for their own learning, working towards individual targets and celebrating their achievements.
- We show respect and consideration for others within our diverse school community and nurture positive partnerships with parents, carers and the wider community.
- We promote personal growth by actively encouraging relationships based on honesty, trust and respect.
- We have pride and confidence in ourselves as individuals and feel valued within our school.
- We recognise the importance of regular attendance which enables all pupils to achieve high standards.

INTRODUCTION

This policy has been prepared in accordance with the Education Act 1996, the Sexual Health and Wellbeing Action Plan 2010-2015, Welsh Government Guidance on 'Sex and Relationships Education (SRE) in Schools' Circular No: 019/and the requirements of the Personal and Social Education Framework for 7 to 19-year-olds.

This Policy is also linked with the 'Personal and Social Education (PSE).

RATIONALE AND AIMS

It is important that a comprehensive and well- planned graduated programme of sex education be given to pupils at this school in order to help them cope with their physical, emotional and moral and spiritual development and to help prepare them for the opportunities, responsibilities and experiences of adult life.

The programme will place great emphasis upon helping the pupils in the school to respect themselves and others, and equipping them with the skills to make responsible and informed decisions.

Sex and Relationships Education is about understanding the importance of stable and loving personal relationships, respect, love care, and the building of successful relationships with friendship groups and the wider community.

Sex and Relationships Education will be taught in the context of the importance of family relationships and marriage, while recognising that there are strong and mutually supportive stable relationships outside of marriage and that we live in a diverse society with pupils coming from a variety of family backgrounds.

The aims of sex and relationships education at Allensbank Primary School are:

- To help children understand their growth and development, the processes of human reproduction and the nature of sexuality and relationships.
- To raise awareness about oneself and the needs and feelings of others and develop respect for oneself and others.
- To equip children to take responsibility for the behaviour in their personal relationships.
- To build up children's self-esteem and give them confidence to talk about their feelings.
- To develop in children the skills to help them manage their relationships in a morally responsible and healthy manner.

- To enable pupils to consider the attitudes, values and skills which influence the way they behave.

The Organisation of Sex & Relationship Education in the School

The school has a P.S.E. co-ordinator whose task it is to plan and monitor the P.S.E. provision ensuring continuity and progression, good use of resources and adequate time allocation.

Sex and relationships education is not normally a discrete element but integrated into the personal, social (PSE) provision. This is sometimes part of incidental teaching, sometimes reflected in the ethos of the school, but mainly taught as part of the SEAL themes in the school and in particular within the science curriculum.

During the Summer term pupils from Yr.3 to Yr.6 will take part in four SRE focused sessions. The areas covered by the year groups are as followed:

Year 3

- Lesson 1 – ‘Relationships – what makes a good friend?’
- Lesson 2 – ‘Friendships – Developing empathy’
- Lesson 3 – ‘Similarities and differences in male/female’. Looks at stereotypes – boy/girl, introduces main physical difference between ‘male’ and ‘female’ through pictures of babies.
- Lesson 4 – ‘Appropriate and inappropriate touch’ Discuss different touches e.g. hugs, scratch, etc. what do they like, don’t like.

Year 4

- Lesson 1 – ‘Family differences – What makes a family?’
- Lesson 2 – ‘Human lifecycle’ and changing responsibilities
- Lesson 3 – ‘Physical differences between males and females’ – Naming body parts. Use of proper scientific names for body parts.
- Lesson 4 – ‘Growing up and keeping safe’ - every child’s right to feel safe and secure to know where to go for support and advice if feeling unsafe and insecure

Year 5

A Question box is used in class for pupils to write anonymous questions.

- Lesson 1 – ‘Friendships’ – Similarities and differences between people contribute to diversity of friendships.
- Lesson 2 – ‘Physical changes at puberty’
- Lesson 3 – Puberty – Boys/ Girls groups – Menstruation, male changes. Separate lessons for boys and girls so more detailed questions can be answered
- Lesson 4 – ‘Puberty – reproductive systems’ – Recap on puberty, body parts relating to reproductive system

Year 6

A Question box is used in class for pupils to write anonymous questions.

- Lesson 1 – ‘Relationships – What is love?’

- Lesson 2 – ‘Puberty – importance of physical hygiene’. Also further explore emotional changes.
- Lesson 3 – ‘Reproduction’ - Revision of body parts, discuss conception
- Lesson 4 – ‘Relationships, conception and pregnancy’. Relationships activity, recap on conception, look at development of the baby, being healthy in pregnancy, birth and feeding the baby

Teachers in the school adopt an open but sensitive approach in the classroom and provide honest replies to questions.

The sex education programme is based on the learning outcomes in the PSE Framework and the content in the LEA resource *SRE Teachers Toolkit*.

The PSE Framework recommends that Key Stage 2 learners should be given opportunities to:

- Take increasing responsibility for keeping the mind and body safe and healthy
- Feel positive about themselves and be sensitive towards the feelings of others and to understand:
 - The reasons for the physical and emotional changes which take place at puberty, to include conception, pregnancy and birth
 - The range of their own and others’ feelings and emotions
 - The importance of personal safety
 - How to distinguish between appropriate and inappropriate touching
 - What to do or who to go to when feeling unsafe

In Foundation Phase Science pupils will be taught the following:

- To name the main external parts..... of the human body
- To recognise similarities and differences between themselves and other pupils
- To compare the external parts of human bodies with those of other animals
- That humans and other animals can produce offspring and that these offspring grow into adults

In Key Stage 2 Science pupils will be taught the following:

- That there are life processes, including nutrition, movement, growth and reproduction, common to animals, including humans
- The main stages of the human life cycle

The content of the school’s Sex and Relationship Education programme is based upon the LEA resource “SRE Teachers Toolkit”. It includes

the following which will be covered during the six years in the primary school:

Where babies come from; 'male' and female'; body parts; healthy attitudes; stereotyping; keeping clean; good relationships; understanding other people's feelings; keeping safe; body changes; friendships; dealing with peer pressure; caring for and valuing oneself; pregnancy; reproduction; changes at puberty.

In addition, if questions arise in the following areas staff are free to pursue them according to their professional judgement: masturbation, sexually transmitted diseases.

If pupils ask questions about oral sex or anal sex these will be referred to home.

Confidentiality

Important aspects:

- Pupils and parents or carers will be made aware of the school's confidentiality policy and how it works in practice.
- Pupils should be informed that teachers cannot offer unconditional confidentiality, particularly in relation to personal disclosures. However, pupils should be assured that their best interests will be maintained.
- Pupils should be encouraged to talk to their parents or carers about sexual issues
- Pupils should be informed of local and national helplines and organisations they can contact for help
- Ground rules need to be established in lessons
- If there is any possibility of abuse the school's child protection procedure must be followed
- All staff must be aware of the procedures involved in the school's child protection policy.

Personal disclosures to a teacher

If a teacher is approached by a pupil who is sexually active or contemplating sexual activity, the teacher should:

- Address any child protection issues with the designated teacher for child protection
- Encourage the pupil to talk to the parent or carer

External Support

The school uses the advice, support and resources provided by the L.E.A. advisory service, the local Health Promotion Centre and health professionals in the community.

In-Service Training

Representative staff will attend training as appropriate, provided by the L.E.A. at the Teachers Centre and disseminate relevant information during INSET.

Working with Parents

We regard Sex & Relationships Education as a shared responsibility and consultation with and support by and for parents is extremely important. Parents will be informed through the school prospectus about the programme of sex education offered to the pupils and will be invited to view the materials and videos shown to their children. In addition, they can discuss any issues with the classteacher or headteacher.

Parents are informed of their statutory right to withdraw their children from sex education. Those pupils who are withdrawn will be given appropriate supervision.

Review

This policy statement will be reviewed every two years.